## Circle of Women Retreat Herefordshire 21st-23rd June 2024

A summer solstice retreat with Clare Russell to energise your heart, mind and spirit. Deepen connection to yourself in the beauty of wild nature and sacred places.

I welcome you to a special circle of women retreat. Come and join me to deepen your connection to your intuitive, creative, wise, joyfully embodied self.

I've facilitated sacred sites retreats and led women's circles for over 10 years and I'm delighted to host this summer solstice retreat where you relax into the potential of this key marker in the year and what it means for you. I'm a trained coach, healer with deep experience in the rites of passage for women.



**Retreat booking details:** 1pm Friday 21st June - 2pm Sunday 23rd June. 10 places available. Email: Clare@clarerussell.com Tel: 07966 253111

Price: £320-£380 per person: inc 2 nights luxury glamping accommodation, vegetarian breakfast & dinner, retreat facilitation. 50% deposit to confirm. Price variation is dependent on specific room choice. Retreat location: Stargazers HR9 7PL

**Not included: lunches & transport.** Where possible we will connect participants for car shares and combine cars for short travel out to sacred sites.



## Visit sacred places & stay at a magical retreat

## Visiting sacred places:

We will enjoy the beautiful nature of our glamping retreat and also venture out to three of my special places in Herefordshire. These sites offer energising, restorative reconnection to self & nature. I will share practices for entering into a sacred relationship with the land to:

- Meet your inner wise women with an ancient yew tree at least 1,500 years old
- Cleanse and replenish at a sacred spring
- Connect to your vision and enjoy the vista at the top of hills that are ancient places of ritual.

## All within 30 minutes of our magical, gloriously luxurious glamping retreat base, complete with:

- Woodfired hot tubs
- Fire circle
- Luxury beds and glamping facilities
- Gorgeous lounge for relaxing indoors

Each day we will have time together in circle, guided meditation, intuitive practices, and rest/restore time.





